



SUMMARY · WHAT THE QUESTIONNAIRE IS ABOUT

A walk through your free time

The questionnaire is not a test and not a quiz. It asks how you spend your free time in Düsseldorf – and what keeps you from spending it the way you would like to. There are no right answers, only yours. Here is the route the questionnaire takes with you – eight stops, without giving away the questions.

1 Who answers?

So that chance reaches all the way into your household, we ask one particular person to fill in the questionnaire: the adult who most recently had a birthday. Three short questions settle this.

„Are you that person?“

2 You and your Düsseldorf

First a few details about your household: who lives with you and what qualifications you hold. Then: how long you have lived here, how you live, what your neighbourhood is like and how you get into town. Journeys and friends often decide more about an evening than the programme does.

„How strongly do you feel connected to Düsseldorf?“

3 Culture and leisure – in all their breadth

Stage and music, museums and libraries, cinema, neighbourhood festivals, parks and sport, offers outside the city and online. What interests you, where you go – and what you do yourself, from choir to workbench.

„And what do you do yourself in your free time?“

4 What holds you back

Price, time of day, the journey, no one to go with – or the feeling of not being the intended audience. We are less interested in whether you go than in why or why not – and what would have to be different.

„What keeps you from using offers in Düsseldorf?“

5 Together or alone

Who you usually go out with, how often your household does something outside the home together, who suggests it – and who you talk to about it afterwards.

„And who usually suggests it?“

6 Where it all began

A brief look back: what leisure and culture were in your childhood and youth. Two questions that explain more than one might think.

„What did you most like to do in your free time as a child?“

7 Individual offers in focus

Standing in for various areas, we look at individual offers a little more closely. Not whether you go, but: whom does this offer have in mind – and do you feel you are meant? No special knowledge is needed, only your impression.

„In your view, has the offer changed in recent years?“

8 Finally: a few details about you

Work, income, satisfaction – so that we can compare groups. Four specially protected topics are asked only with your express consent, each one separately. And then the panel question: may we invite you again in about a year?

„Were there any questions that were unclear or that bothered you?“

Good to know

- **Every question is voluntary.**
Simply skip anything you would rather not answer.
- **At the end you may criticise us.** Three questions on how clear the questionnaire was and what bothered you.
- **Taking a break is no problem.**
Your answers are saved after every page; with the same access code you can continue later.
- **You never have to guess.**
Whatever you do not know or cannot judge, simply leave open.
- **Paper or telephone** instead of online – on request only.

Why we ask so precisely

Free time is not what is left over once work is done. It is the time in which people are who they want to be beyond job and duties – and in which it is decided whether a city creates community or merely administers loneliness.

People who regularly get out among others demonstrably live healthier lives, keep family and friendships closer and place more trust in others. Cohesion is created in squares, in halls and in clubs.

And we are trying something new: we ask not only whether you go, but whether you feel you are meant.